

TRAIL-TO-FIRST-CLASS RANK REQUIREMENTS

FIRST- OR SECOND-YEAR CAMPER TRACKING SHEET

Troop # _____ Name _____ Week # _____

SCOUT

- 1a. Scout Oath, Law, Motto & Slogan _____
- 1b. Explain Scout spirit _____
- 1c. Scout Sign, Salute, and handshake _____
- 1d. Describe First Class badge _____
- 1e. Repeat Outdoor Code _____
- 1f. Recite Pledge of Allegiance _____
- 2a. Youth leadership in troops _____
- 2b. Describe Four steps of advancement _____
- 2c. Describe Scout Ranks _____
- 2d. Describe Merit Badges _____
- 3a. Explain Patrol method _____
- 3b. Patrol knowledge & spirit _____
- 4a. Square knot, two half-hitches, taut-line _____
- 4b. Whip & fuse a rope _____
- 5. Pocketknife safety _____

TENDERFOOT

- 1c. Practice Outdoor Code at campout _____
- 2b. Food safety cleaning & handling _____
- 2c. Explain eating together as a patrol _____
- 3a. Demonstrate Square knot _____
- 3b. Demonstrate Two half-hitches _____
- 3c. Demonstrate Taut-line hitch _____
- 3d. Demonstrate care & use of knife, saw, axe _____
- 4a. Show Basic first aid _____
- 4b. Describe common poisonous plants _____
- 4c. Prevent or reduce common injury _____
- 4d. Assemble personal first aid kit _____
- 5a. Explain importance of buddy system _____
- 5b. Describe what to do if lost _____
- 5c. Explain rules of safe hiking _____
- 7a. Display/raise/lower/fold US flag _____
- 8. Describe steps in Teaching EDGE method _____

SECOND CLASS

- 1b. Explain principles of Leave No Trace _____
- 2a. Explain appropriate use of fire _____
- 2b. Prepare supplies for a wood cooking fire _____
- 2c. Demonstrate how to build a fire _____
- 2d. Explain use of stoves _____
- 2e. Plan & cook 1 hot breakfast or lunch _____
- 2f. Demonstrate the Sheet bend knot _____

- 2g. Demonstrate the Bowline knot _____
- 3a. Demonstrate compass use & map reading _____
- 3b. Use a map & compass to take a 5-mile hike _____
- 3c. Describe hiking hazards & injuries _____
- 3d. Demonstrate direction-finding w/o compass _____
- 4. Identify 10 kinds of wild animals in the area _____
- 5a. Tell precautions for safe swim _____
- 5b. Demonstrate ability to pass BSA swim test _____
- 5c. Demonstrate water rescue methods _____
- 5d. Explain using swimming rescues _____
- 6a. Demonstrate First aid _____
- 6b. Show what to do for "Hurry" cases _____
- 6c. Prevent or reduce injury outdoors _____
- 6d. Explain what to do for emergency response _____
- 6e. Tell how to respond to vehicular accident _____
- 8a. Participate in a flag ceremony _____
- 8b. Explain respect for the US flag _____
- 9a. Explain the 3 "R's" of personal safety _____
- 9b. Describe bullying and response _____

FIRST CLASS

- 1b. Explain Principles of Tread Lightly _____
- 2d. Demonstrate safe handling & food storage _____
- 3a. Discuss the use of lashings _____
- 3b. Demonstrate Timber hitch & Clove hitch _____
- 3c. Demonstrate square/shear/diagonal lashing _____
- 3d. Use lashings to make a useful camp gadget _____
- 4a. Complete an orienteering course _____
- 5a. Identify 10 kinds of native plants in the area _____
- 5b. Identify two way to get a weather forecast _____
- 5c. Describe 3 types of hazardous weather _____
- 5d. Describe extreme weather conditions locally _____
- 6a. Successfully complete BSA swimmer test _____
- 6b. Tell precautions for a safe float trip _____
- 6c. Identify basic parts of canoe, kayak or boat _____
- 6d. Describe body position in a watercraft _____
- 6e. Show a line rescue as tender and rescuer _____
- 7a. Demonstrate bandages for zackle, head, sling _____
- 7b. Show how to transport victims _____
- 7c. Explain heart attack symptoms and CPR _____
- 7d. Describe utility services & potential hazards _____
- 7e. Develop an emergency action plan for home _____
- 7f. Explain how to obtain potable water _____

Totin' Chip _____ *Firem'n Chit* _____